

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: PZC

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Dekoninck Nicole

Coaches: Tisson Fabienne

Coaches: Rommers Dien

Coaches: Van Looveren An HEADCOACH

Coaches: Emmers Kelly

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE MIXED 10-9							Heat:3, starttime: 08:46	
Heat: 3/3 Lane : 2 Athlete: PEETEN FINN							Q-time: 99:99:99	
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
								

Coach feedback:

Event number: 1: 400M FREESTYLE MIXED 10-9							Heat:3, starttime: 08:46	
Heat: 3/3 Lane : 4 Athlete: BOLLEN CLEO							Q-time: 06:56:17	
PB (50m pool): 06:56.17 SportinGenk Park 21/04/2025				PB (25m pool): no time SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:44.64	01:36.61	02:30.18	03:23.62	04:18.98	05:13.70	06:09.36	06:56.17
	00:44.64	00:51.97	00:53.57	00:53.44	00:55.36	00:54.72	00:55.66	00:46.81
								

Coach feedback:

Event number: 1: 400M FREESTYLE MIXED 10-9							Heat:3, starttime: 08:46	
Heat: 3/3 Lane : 5 Athlete: NACKAERTS LYNN							Q-time: 07:21:22	
PB (50m pool): 07:21.22 SportinGenk Park 21/04/2025				PB (25m pool): no time SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:45.89	01:40.61	02:35.82	03:32.58	04:30.32	05:29.22	06:24.04	07:21.22
	00:45.89	00:54.72	00:55.21	00:56.76	00:57.74	00:58.90	00:54.82	00:57.18
								

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: PZC

Event number: 2: 50M BUTTERFLY MIXED 10-9		Heat:1, starttime: 08:54
Heat: 1/3 Lane : 3 Athlete: DAENS NORE		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 2: 50M BUTTERFLY MIXED 10-9		Heat:2, starttime: 08:56
Heat: 2/3 Lane : 4 Athlete: MEYLAERS ZOë		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 01:07.03 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+		Heat:3, starttime: 09:02
Heat: 3/11 Lane : 7 Athlete: VAN DINGENEN KOBE		Q-time: 00:53:72
PB (50m pool): 00:53.72 Seraing 25/01/2026		PB (25m pool): no time SB: 00:53.72 Seraing 25/01/2026
	5 0 M	
PB	00:53.72	
	00:53.72	
		

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+		Heat:4, starttime: 09:03
Heat: 4/11 Lane : 3 Athlete: FRANSEN LUCIANO		Q-time: 00:43:89
PB (50m pool): 00:43.89 Mol 22/06/2025		PB (25m pool): 00:45.11 SB: 00:44.51 Genk 01/02/2026
	5 0 M	
PB	00:43.89	
	00:43.89	
		

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: PZC

Event number: 3: 50M BUTTERFLY MEN 11+					Heat:4, starttime: 09:03				
Heat: 4/11 Lane : 4 Athlete: VOSSEN NOAH					Q-time: 00:43:30				
PB (50m pool): 00:43.30 Genk 01/02/2026					PB (25m pool): no time SB: 00:43.30 Genk 01/02/2026				
	5 0 M								
PB	00:43.30								
	00:43.30								
									

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+				Heat:4, starttime: 09:03	
Heat: 4/11 Lane : 5 Athlete: VAN DE POLDER KOBE				Q-time: 00:43:47	
PB (50m pool): 00:43.47 Genk 01/02/2026				PB (25m pool): 00:56.41SB: 00:43.47 Genk 01/02/2026	
	5 0 M				
PB	00:43.47				
	00:43.47				
					

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+				Heat:5, starttime: 09:05	
Heat: 5/11 Lane : 1 Athlete: MEYLAERS SEPPE				Q-time: 00:41:22	
PB (50m pool): 00:41.22 Seraing 25/01/2026				PB (25m pool): 00:45.82SB: 00:41.22 Seraing 25/01/2026	
	5 0 M				
PB	00:41.22				
	00:41.22				
					

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+							Heat:7, starttime: 09:07	
Heat: 7/11 Lane : 8 Athlete: BOLLEN WARRE							Q-time: 00:36:31	
PB (50m pool): 00:36.31 Genk 01/02/2026							PB (25m pool): 00:37.48SB: 00:36.31 Genk 01/02/2026	
	5 0 M							
PB	00:36.31							
	00:36.31							
								

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: PZC

Event number: 3: 50M BUTTERFLY MEN 11+										Heat:10, starttime: 09:10																													
Heat: 10/11																				Lane : 3					Athlete: BEISHUIZEN TOM										Q-time: 00:29:79				
PB (50m pool): 00:29.79																				SportinGenk Park 21/04/2025										PB (25m pool): 00:30.77 SB: no time									
	5 0 M																																						
PB	00:29.79																																						
	00:29.79																																						
																																							

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+										Heat:2, starttime: 09:14																													
Heat: 2/12										Lane : 7										Athlete: VLASSAKS LENA										Q-time: 99:99:99									
PB (50m pool): 00:46.97										Genk 18/04/2022										PB (25m pool): 00:36.08										SB: no time									
	5 0 M																																						
PB	00:46.97																																						
	00:46.97																																						
																																							

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+					Heat:5, starttime: 09:18	
Heat: 5/12 Lane : 3 Athlete: CYPERS DE LANDRECY JOZEFIEN					Q-time: 00:41:90	
PB (50m pool): 00:41.90 SportinGenk Park 21/04/2025					PB (25m pool): 00:39.44 SB: no time	
	5 0 M					
PB	00:41.90					
	00:41.90					
						

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+										Heat:6, starttime: 09:20																				
Heat: 6/12 Lane : 1 Athlete: VANEESBECK EMMA																				Q-time: 00:40:97										
PB (50m pool): 00:40.97 Genk 01/02/2026										PB (25m pool): 00:42.25 SB: 00:40.97 Genk 01/02/2026																				
	5 0 M																													
PB	00:40.97																													
	00:40.97																													
																														

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: PZC

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 09:20
Heat: 6/12 Lane : 2 Athlete: BEYLEMANS EMMA			Q-time: 00:40:34
PB (50m pool): 00:38.64 Mol 23/06/2024			PB (25m pool): 00:37.41 SB: no time
	5 0 M		
PB	00:38.64		
	00:38.64		
			

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 09:20
Heat: 6/12 Lane : 4 Athlete: BEYLEMANS KATHO			Q-time: 00:39:11
PB (50m pool): 00:38.06 Antwerpen 16/07/2023			PB (25m pool): 00:37.74 SB: 00:39.11 Genk 01/02/2026
	5 0 M		
PB	00:38.06		
	00:38.06		
			

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+			Heat:10, starttime: 09:24
Heat: 10/12 Lane : 1 Athlete: MAES LEONIE			Q-time: 00:32:99
PB (50m pool): 00:32.99 Antwerpen 08/03/2026			PB (25m pool): 00:32.90 SB: 00:32.99 Antwerpen 08/03/2026
	5 0 M		
PB	00:32.99		
	00:32.99		
			

Coach feedback:

Event number: 5: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 09:35
Heat: 4/6 Lane : 1 Athlete: DANILOV MICHAËL			Q-time: 01:15:71
PB (50m pool): 01:15.71 Mol 22/06/2025			PB (25m pool): 01:12.74 SB: 01:16.15 Eindhoven 22/03/2026
	5 0 M	1 0 0 M	
PB	00:33.74	01:15.71	
	00:33.74	00:41.97	
			

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: PZC

Event number: 5: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 09:35
Heat: 4/6 Lane : 3 Athlete: LEYSSEN WARRE			Q-time: 01:14:25
PB (50m pool): 01:14.25 Seraing 25/01/2026			PB (25m pool): 01:13.58 SB: 01:14.25 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:33.99	01:14.25	
	00:33.99	00:40.26	
			

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+			Heat:2, starttime: 09:43
Heat: 2/6 Lane : 2 Athlete: THOMAS LYNE			Q-time: 01:43:41
PB (50m pool): 01:43.41 Mol 22/06/2025			PB (25m pool): 01:38.25 SB: no time
	5 0 M	1 0 0 M	
PB	00:45.55	01:43.41	
	00:45.55	00:57.86	
			

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+			Heat:4, starttime: 09:47
Heat: 4/6 Lane : 3 Athlete: VLASSAKS ROSALIE			Q-time: 01:20:58
PB (50m pool): 01:20.58 Seraing 25/01/2026			PB (25m pool): 01:17.31 SB: 01:20.58 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:38.67	01:20.58	
	00:38.67	00:41.91	
			

Coach feedback:

Event number: 7: 100M BACKSTROKE MIXED 10-9			Heat:1, starttime: 09:53
Heat: 1/3 Lane : 3 Athlete: DAENS NORE			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:48.60 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: PZC

Event number: 7: 100M BACKSTROKE MIXED 10-9			Heat:2, starttime: 09:56
Heat: 2/3 Lane : 1 Athlete: MEYLAERS ZOë			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 01:58.44 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:2, starttime: 10:04
Heat: 2/7 Lane : 2 Athlete: DANILOV MICHAËL			Q-time: 99:99:99
PB (50m pool): 00:38.42 Mol 25/06/2023			PB (25m pool): 00:36.16 SB: no time
	5 0 M		
PB	00:38.42		
	00:38.42		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:3, starttime: 10:06
Heat: 3/7 Lane : 8 Athlete: MEYLAERS SEPPE			Q-time: 00:46:10
PB (50m pool): 00:46.10 Mol 22/06/2025			PB (25m pool): 00:43.63 SB: no time
	5 0 M		
PB	00:46.10		
	00:46.10		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 10:13
Heat: 7/7 Lane : 6 Athlete: BEISHUIZEN TOM			Q-time: 00:29:59
PB (50m pool): 00:29.59 Seraing 25/01/2026			PB (25m pool): 00:29.13 SB: 00:29.59 Seraing 25/01/2026
	5 0 M		
PB	00:29.59		
	00:29.59		
			

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: PZC

Event number: 9: 50M BACKSTROKE WOMEN 11+		Heat:3, starttime: 10:18
Heat: 3/8 Lane : 7 Athlete: THOMAS LYNE		Q-time: 00:44:25
PB (50m pool): 00:44.25 Mol 22/06/2025		PB (25m pool): 00:43.85 SB: no time
	5 0 M	
PB	00:44.25	
	00:44.25	
		

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 11+		Heat:4, starttime: 10:20
Heat: 4/8 Lane : 3 Athlete: BEYLEMANS EMMA		Q-time: 00:41:35
PB (50m pool): 00:41.35 Antwerpen 13/07/2025		PB (25m pool): 00:39.25 SB: no time
	5 0 M	
PB	00:41.35	
	00:41.35	
		

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 11+		Heat:5, starttime: 10:21
Heat: 5/8 Lane : 3 Athlete: BEYLEMANS KATHO		Q-time: 00:39:54
PB (50m pool): 00:39.25 Antwerpen 14/07/2024		PB (25m pool): 00:38.70 SB: 00:40.54 Eindhoven 22/03/2026
	5 0 M	
PB	00:39.25	
	00:39.25	
		

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 11+		Heat:7, starttime: 10:25
Heat: 7/8 Lane : 7 Athlete: VLASSAKS LENA		Q-time: 00:35:41
PB (50m pool): 00:35.41 Antwerpen 13/07/2025		PB (25m pool): 00:36.36 SB: 00:38.57 Seraing 25/01/2026
	5 0 M	
PB	00:35.41	
	00:35.41	
		

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: PZC

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:2, starttime: 10:41
Heat: 2/10 Lane : 4 Athlete: VAN DINGENEN KOBE			Q-time: 01:40:08
PB (50m pool): 01:40.08 Seraing 25/01/2026			PB (25m pool): 01:46.66 SB: 01:40.08 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:48.27	01:40.08	
	00:48.27	00:51.81	
			

Coach feedback:

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:3, starttime: 10:44
Heat: 3/10 Lane : 4 Athlete: VOSSEN NOAH			Q-time: 01:33:32
PB (50m pool): 01:33.32 Seraing 25/01/2026			PB (25m pool): 01:31.28 SB: 01:33.32 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:45.04	01:33.32	
	00:45.04	00:48.28	
			

Coach feedback:

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 10:47
Heat: 4/10 Lane : 2 Athlete: FRANSEN LUCIANO			Q-time: 01:31:98
PB (50m pool): 01:31.98 SportinGenk Park 11/11/2025			PB (25m pool): 01:28.11 SB: 01:31.98 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:31.98	
	no time		
			

Coach feedback:

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:4, starttime: 10:47
Heat: 4/10 Lane : 4 Athlete: VAN DE POLDER KOBE			Q-time: 01:28:94
PB (50m pool): 01:28.94 SportinGenk Park 11/11/2025			PB (25m pool): 01:28.75 SB: 01:28.94 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	no time	01:28.94	
	no time		
			

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: PZC

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 10:54
Heat: 7/10 Lane : 4 Athlete: LEYSSEN WARRE			Q-time: 01:16:98
PB (50m pool): 01:16.98 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:16.61 SB: no time			
	5 0 M	1 0 0 M	
PB	00:38.18	01:16.98	
	00:38.18	00:38.80	
			

Coach feedback:

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:7, starttime: 10:54
Heat: 7/10 Lane : 7 Athlete: BOLLEN WARRE			Q-time: 01:18:71
PB (50m pool): 01:18.71 Antwerpen 08/03/2026 PB (25m pool): 01:17.28 SB: 01:18.71 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:39.00	01:18.71	
	00:39.00	00:39.71	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+			Heat:4, starttime: 11:11
Heat: 4/10 Lane : 1 Athlete: VANEESBECK EMMA			Q-time: 01:28:45
PB (50m pool): 01:28.45 Genk 01/02/2026 PB (25m pool): 01:27.78 SB: 01:28.45 Genk 01/02/2026			
	5 0 M	1 0 0 M	
PB	00:44.64	01:28.45	
	00:44.64	00:43.81	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+			Heat:5, starttime: 11:14
Heat: 5/10 Lane : 3 Athlete: VLASSAKS ROSALIE			Q-time: 01:23:77
PB (50m pool): 01:23.77 Genk 01/02/2026 PB (25m pool): 01:22.12 SB: 01:23.77 Genk 01/02/2026			
	5 0 M	1 0 0 M	
PB	00:41.06	01:23.77	
	00:41.06	00:42.71	
			

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: PZC

Event number: 11: 100M BACKSTROKE WOMEN 11+			Heat:5, starttime: 11:14
Heat: 5/10 Lane : 8 Athlete: CYPERS DE LANDRECY JOZEFIEN			Q-time: 01:25:64
PB (50m pool): 01:25.64 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:21.81 SB: 01:28.30 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	00:41.28	01:25.64	
	00:41.28	00:44.36	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+			Heat:8, starttime: 11:21
Heat: 8/10 Lane : 8 Athlete: MAES LEONIE			Q-time: 01:18:57
PB (50m pool): 01:18.57 Seraing 25/01/2026			PB (25m pool): 01:15.02 SB: 01:18.57 Seraing 25/01/2026
	5 0 M	1 0 0 M	
PB	00:37.94	01:18.57	
	00:37.94	00:40.63	
			

Coach feedback: